**Kindness Week 2019**

**February 11th - 15th**

**Monday -**

Theme: “In a world where you can be anything, be kind”! Be YOU and wear your favorite outfit!

Kindness challenge : Help a classmate clean out their desk.

Video clip (K-2) - [Try a Little Kindness](https://www.youtube.com/watch?v=enaRNnEzwi4&feature=em-share_video_user)

Video clip (3-5) - [How You Treat People Is Who You Are](https://www.youtube.com/watch?v=mTsvSAItPqA&t=20s)

**Tuesday -**

Theme: “Kindness is Contagious”! Dress like your classmates day!

Kindness challenge: Make a new friend or talk to someone you don’t know very well.

Video Clip - [Kindness Boomerang](https://www.youtube.com/watch?v=nwAYpLVyeFU&feature=em-share_video_user)

**Wednesday -**

Theme: “Throw Kindness like Confetti”! Wear a VERY colorful outfit! The more color, the better!

Kindness challenge: Compliment a friend/classmate/teacher

Video Clip - [Color Your World With Kindness](https://www.youtube.com/watch?v=rwelE8yyY0U&t=48s)

**Thursday -**

Theme: “Do small things with great LOVE”!

Wear your valentine gear! Or red/pink!

Kindness challenge: Sit quietly and respect your teacher!

Video Clip - [Kindness - short story](https://www.youtube.com/watch?v=8Wi0UWLeT9I)

**Friday -**

Theme: “Redding Represents Kindness” - Wear your best Redding attire! (black/gold)

Kindness challenge: Thank a teacher, cafeteria staff member, instructional assistant or custodian for all they do.

Video Clip - [Why Be Kind](https://www.youtube.com/watch?v=UCCb85TgeEU)

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We know February days can be COLD and dreary,

which sometimes makes us grumpy and weary,

so we're going to spread some kindness and cheer-y.

Welcome to "Kindness Week" at Redding Elementary!

Redding will be spreading some kindness by having

**KINDNESS WEEK:** **February 11th - February 15th.**

* Daily kindness quote on announcements (if you would like to view the clips at home, go to our Redding Facebook page or school website and click on the link)!
* Gifts of kindness bulletin board to reveal a new kindness challenge each day!
* Dress up days (nothing too wild and crazy, just easy and fun)
* **VALENTINE PRETZEL GRAMS ARE BACK!**

\*\*\*8:15-8:45 in front of the cafeteria

Feb 11th-15th.

\*\*\*$1 each…..keep for yourself or give to a friend! Rice Krispie treats for sale $.25 each.

